

Explaining play with seniors in the senior citizen's hostel „Stadtwald“ in St. Pölten



On Friday, to 11/4/2016 a final presentation of the group "showing play with seniors" took place in the senior citizen's hostel „Stadtwald“ before audience. A theatrical project was carried out first by Jänner till October under the direction of Mrs. Regina Schreiber/ theatrical pedagogue and from Mrs. Regina Franzke/occupational therapist with inhabitants of the senior citizen's hostel „Stadtwald“.



Twice per month was played, rehearsed, experimented, tried out. The participants of the project took big pleasure to get to know something new and to discover new sides in themselves, besides, also. For the project one needed no foreknowledge except curiosity and enthusiasm ability.



Some points from the contents:

It became selfwrote with texts (also!) as well as non-verbally with movement and facial play worked; scenic creation with materials like everyday objects, cloths, masks; clownery with hats and noses; sound stories; reminiscent work with playful conversion.



By the final presentation was valid the motto: „We trust this to ourselves... as well as we are, with which what we have, here and now!“

The performance lasted approx. 1 hour and ended with a lot of applause of the audience for the courageous project participants fond of play.

Source: Homepage senior citizen's hostel "Stadtwald" St. Pölten

<http://www.stadtwald.at/>